

12 Months-15 Months

Guide to Developmental Milestones



Social Emotional Development

- Caregiver must begin establishing limits
- Beginning of independence
- Learns causality; baby may hand you a toy to make it work
- Understands simple cause and effect relationships (ex. If I bang the drum, it makes a sound)
- Imitates unfamiliar behaviors
- Feelings of excitement involved in self-discovery



Gross Motor Skills

- Walks with legs far apart
- Crawls up stairs
- Crawls over obstacles
- Bends over to look through legs
- Stands up from squat without support
- Walks backwards several steps
- Crawls down stairs



Fine Motor Skills

- Helps turn pages in cardboard book
- Scribbles with crayons or markers
- Stacks 2-3 small blocks
- Points with index finger
- Uses one hand to hold object and the other to manipulate it



Self-help

- Brings spoon to mouth
- Holds cup handles with fingers; cup may tip
- Removes socks, hat
- May refuse foods, appetite decreases

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Sensory

- Enjoys messy activities (i.e. finger painting, water play)
- Seeks out and enjoys many different sensations (i.e. taste, touch, movement, sound, sight, scents)
- Very active in exploring environment
- Sleeps 10-12 hours per night
- More variety and experimental sensory play



Speech, Language and Hearing

- Wide range of speech sounds in babbling
- Names one object frequently
- Starts to combine vocalizations and gestures to make requests
- Says at least three true words (not including “mama” or “dada”)
- Imitates new words spontaneously
- Imitates other children
- Shakes head “no”
- Understands and follows simple 1-step directions
- Responds to other children’s vocalizations
- Uses more words during turn-taking
- Asks to have needs met



Oral Motor and Feeding

- Holds sippy cup and drinks
- Finger feeds soft table foods



All children develop at their own pace, but you can use this guide to help you know what to look for along the way. If you have any questions or concerns regarding your infant’s/child’s development, please contact **Milestones For Kids’ Success** at **630.792.1800** for a FREE developmental screening.

Disclaimer: This content was created by Milestones For Kids’ Success and represents research available as of 10/2007. The information is intended to inform and educate. It is not a replacement for medical evaluation, advice, diagnosis or treatment by a healthcare professional.

