

# 2 Months-4 Months

## Guide to Developmental Milestones



### Social Emotional Development

- Begins to make good eye contact with caregiver
- Begins to distinguish primary caregiver from others
- Memory begins to develop
- Begins to have preferred activities (e.g. peek-a-boo)
- Play occurs face to face with caregiver
- Begins to discover self (puts fingers in their mouths, coos)
- Engages in social games with familiar people, playful back and forth interactions



### Motor Skills

- Movements become increasingly smoother
- Holds head steady when held or seated with support
- Watches movement of his/her own hands and can bring hands to mouth
- Grasps objects with more control
- May bat at dangling objects with entire body
- Follows objects by moving head from side to side

#### *When placed on belly*

- Lifts head to 90 degrees
- Will occasionally bear weight through forearms to lift chest from floor
- Accidentally rolls from belly to side
- Improved control of head

#### *When placed on back*

- Brings hands to knees
- Kicks legs reciprocally
- Brings hands together
- Baby will pull on clothing
- Rolls to side

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### Sensory

- Enjoys physical contact
- Calms with rhythmical movements (e.g. swinging)
- Able to self-regulate (e.g. falls asleep in over-stimulating environments)



### Speech, Language and Hearing

- Cries more rhythmically with opening and closing mouth
- Uses different cries for different needs (hunger, fatigue, discomfort)
- May smile at familiar faces and voices, especially mom
- Begins to learn that making sounds gets a response
- Turns head to a voice
- Attends to a speaker's mouth
- Quiets to a familiar voice
- Searches with eyes for a sound
- Watches a speaker's eyes and mouth



### Oral Motor and Feeding

- Uses lips and tongue to suckle when feeding
- Opens mouth when food source is near



All children develop at their own pace, but you can use this guide to help you know what to look for along the way. If you have any questions or concerns regarding your infant's/child's development, please contact **Milestones For Kids' Success** at **630.792.1800** for a FREE developmental screening.

**Disclaimer:** This content was created by Milestones For Kids' Success and represents research available as of 10/2007. The information is intended to inform and educate. It is not a replacement for medical evaluation, advice, diagnosis or treatment by a healthcare professional.

